



## Lighthouse Project

Providing Occupational and Speech  
Therapy Services to Children with Unique  
Learning Needs

### 2010 Summer Program DESCRIPTIONS

471 Division Street, Campbell, CA 95008  
Tel: (408) 871-8711 Fax: (408) 871-8910  
[www.thelighthouseproject.com](http://www.thelighthouseproject.com)

#### 1..Curious Minds

June 21-25:

M-TH: 9:00a-3:00p, F: 9-11:30a  
(Ages Pre-K, K) \$1050

**Focus: Non-verbal communication, problem solving, and social interaction.**

Problem solving, sequencing, visual memory, teamwork, frustration tolerance, directionality, and social interactions are more fun to work on when there's a mystery to solve and investigations to be made. Travel around as part of a team of detectives developing friendships. The job of a curious thinker is treacherous yet fun; we have to make guesses, plan our movements, anticipate consequences and infer information from the environment using all of our senses; sight, smell, sound, taste and touch, including the ability to move in purposeful ways. *Students will develop sensory, social and motor skills, reading nonverbal signs, using appropriate communication skills, and taking others perspective.*

#### 2..Undercover Investigator

June 21<sup>st</sup> -25<sup>th</sup> :

M-TH: 9:00a-3:00p, F: 9:00-11:30a  
(Ages 6.5-8.5) \$1050

**Focus: Non-verbal communication and social skills development.** Can you solve problems by recognizing clues? They may be non-verbal expressions, or just a wink of an eye or a squinting of a face. Would you know what the other investigators are saying without hearing them talk? How about listening to the tone of a voice and understand the true meaning. Can you guess if it is a sarcastic remark or an honest friendship gesture? Do you know when to join a group or when to quit? These and many other skills are going to be taught while preparing you as an Undercover Investigator. You will learn how to notice your peers' body language as well as what they may be thinking and what your body language may communicate to them without verbal input. If you are up to the challenge and want to be a step ahead at finding out what others are thinking, this program is for you.

#### 3..Whiz Warriors

June 28<sup>th</sup> - July 2<sup>nd</sup> :

M-TH:9:00-3:00 F: 9-11:30am  
(Ages Pre-K, K) \$1050

**Focus Great for children with hyperactive tendencies Distractibility, and Attention & focus deficits.** Being a good sport and as a hero you will learn calming techniques using sensory integration activities. Learn how to stretch your body, move energy with your mind, put up a force field against bullies and pull toward your new friends. We'll explore the social values present in teamwork through undertaking heroic acts and learning how to compete as good sports. Students will learn the essential skills of friendship such as sharing and caring, as well as the experience of understanding their own special gifts! Yoga and other skills will be incorporated into this program, along with other high-tech equipment like **Wii fit**.

#### 4..SUPERHEROES

June 28- July 2<sup>nd</sup>

M-TH: 9:00a-3:00p, F: 9:00-11:30a

(Ages 6 ½ - 9) \$1050

**Focus:** Great for children with hyperactive tendencies Distractibility, and Attention & focus deficits. As a hero you will learn calming techniques using sensory integration activities. Learn how to stretch your body, move energy with your mind, put up a force field against bullies and pull toward your new friends. We'll explore the social values present in teamwork through undertaking heroic acts and learning how to compete as good sports. Students will learn the essential skills of friendship such as sharing and caring, as well as the experience of understanding their own special gifts! Yoga and other skills will be incorporated into this camp, along with other high-tech equipment like **Wii fit and sports.**

#### 5.. Brilliant Minds

(Science camp)

July 5-9<sup>th</sup>

M-TH: 9:00a-3:00p, F: 9:00-11:30a

(Ages 8-11 ) \$1050

**Focus:** Collaboration with friends while learning to work in small groups on a project about the role of each group member. This program is a must for the students who are having trouble with group projects. Enter the world of science where students will discover the secrets behind the environment and concepts like motion and peripheral vision. By conducting exciting experiments kids will learn to cooperate in a group, demonstrate appropriate frustration tolerance, make observations about their surroundings and focus on details. Students will also learn to identify and describe the steps involved in completing a science experiment and writing a science report. They also will learn to identify their roles within a group while working on appropriate social skills. (Very popular program)

#### 6..Friends of Pandora

July 12-16<sup>th</sup>

M-TH: 9:00a-3:00p, F: 9:00-11:30a

(Ages 5-7) \$1050

**Focus:** Socializing, Leadership, making friends, and standing up for yourself. This program is great for children who are having a hard time with maintain friendship and have difficulty reading others. Themes based on Avatar movie on planet Pandora The children will work on team building activities, non verbal cues, and sharing their ideas and feelings with the Na'vi. This adventurous theme-based program provides a sensorimotor approach as kids work as a team to learn about having fun while playing a game without arguing or focusing on "loosing or wining" but enjoy the company of their friends. This program will work on leadership, building self esteem, and learning about the rules of giving and taking among friends. It also teaches the students to self monitor and not "police" a peer. Learn how to become a responsible leader and be accountable for his /her actions.

#### 7..ENGINE CONTROL

July 19-23<sup>rd</sup>

M-TH: 9:00a-3:00p, F: 9:00-11:30a

(Ages 7-10) \$1050

**Focus:** Anger management, Self Control, Frustration tolerance and Voice control. The rewards of self regulation, being accepted as a team member, and maintaining a good friendship, await those who demonstrate self control and respect to their leaders and peers. Travelers use appropriate strategies to work with peers through cooperative sensory and physical activities mastering the art of *The Incredible 5-Point Scale*. They learn to grade their temperaments by developing coping skills, frustration tolerance, managing their anger, and using fun strategies to level tone of voice and anxiety. After traveling between the North and south Poles (extremes), they settle on the Equator (balanced). They replace the angry moods with the defense force of friendship shielding themselves from unpredictable speed bumps while traveling the Globe.

## **8.. High Up**

July 26-30<sup>th</sup>

M-TH: 9:00a-3:00p, F: 9:00-11:30a  
(Ages 5-7) \$1050

**Focus: Socializing, good sportsmanship, respect, making way to new ideas, setting goals and standing up for yourself. This program is great for children who have winning and sharing difficulties, wanting to be first at all times, and have control issues.**

The children will work with activities based on the popular movie UP!: This adventurous theme-based program provides a sensorimotor approach as kids work as a team to learn about social skills while having fun no matter what the outcome of the game . The importance of sharing ideas while accepting your friend's perspective is stressed throughout the program. Starting and finishing every task without giving up is emphasized. Kids will gain self confidence in being successful at activities they set their minds to. Together the group will brain storm ideas how to create an ideal environment form making and maintaining friends.

## **9..Just Do It!**

July 26<sup>th</sup> -30<sup>th</sup> :

M-TH: 9:00a-3:00p, F: 9-11:30a  
(Ages 7-10 ) \$1050

**Focus: Socializing, good sportsmanship, respect, making way to new ideas, setting goals and standing up for yourself. This program is great for children who have winning and sharing difficulties, wanting to be first at all times, and have control issues.**

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## **10..HWT I: Handwriting With an Attitude Printing and Cursive**

Tue & Thur : June 29<sup>th</sup> -July 29<sup>th</sup>

3:15 - 4:15 pm (Pre-K- 2<sup>nd</sup> grade)

4:15 - 5:15 pm (3<sup>rd</sup>- 5<sup>th</sup> grade)

**New Low Price!** 10 sessions= \$700

This program addresses sensory processing skills by building a foundational base for handwriting that includes shoulder and arm strength, upper extremity endurance, hand skills, visual memory and attention as well as letter formation and pencil use. Using the highly successful *Handwriting Without Tears Program*, children move from hating handwriting to new levels of confidence and competence.

## **11..Organization & Social skills for upper Elementary and Middle school**

Aug 2<sup>nd</sup> – 6<sup>th</sup>

M-TH: 9:00a-3:00p, F: 9:00-11:30a  
(Ages 9-12 ) \$1050

**Focus: The essentials of school and home organization for your child who is taking a big step towards middle school.**

Social norms change as young boys and girls move on to the upper grades of elementary and towards middle school. Learning the difference between expected and unexpected behaviors becomes a must. Behaviors that were the norm in the lower grades do not earn credit amongst peers at their current age, therefore learning strategies to fit into a group or acquire a friend or two is a necessity of survival. Students will learn skills of cooperation, recognition of abstract social concepts, and learn about comfort zones, personal strengths, building relationships, and fitting in to a group. The program will incorporate organization skills. Being organized is being efficient. The team members will learn about “rhythm in life”: working on organizing materials using visual cues. Students will learn to arrange their rooms and backpacks (remove clutter) and organize their thoughts when writing. The group will also focus on *restructuring self* using the *Alert Program* and learning about morning and evening routines. Students will work in small groups and apply socially acceptable skills when working together. Focus will be placed on the roles of a student within a group setting when working on group projects. Deciphering non-verbal cues. Role playing and using fun and humorous activities along with planning and organizing social gatherings make this week a must for boys and girls with social skills and organization challenges

## **12.. Acquiring Organization**

### **Skills & Social skills @**

#### **Middle school & High school**

**Aug 9-13:** 9:00-3:00 pm **F:** 9:00-11:30a

(Ages 13-16) \$1050

Focus: **Social skills and organization skills at school: Dos and don'ts. Social norms change as young boys and girls move on from elementary to middle school and to high school.** Learning the difference between expected and unexpected behaviors becomes a must. Behaviors that were the norm in the lower grades does not earn credit amongst peers at the middle school/high school level, therefore learning strategies to fit in a group or acquire a friend or two is a necessity of survival. Students will learn skills of cooperation, recognition of abstract social concepts, and learn about comfort zones, personal strengths, building relationships, and fitting in a group. The program will incorporate organization skills. Being organized is being efficient. The team members will learn about "rhythm in life": working on organizing materials using visual cues. Students will learn to arrange their rooms and backpacks (remove clutter) and organize their thoughts when writing. The group will also focus on *restructuring self* using the *Alert Program* and learning about morning and evening routines. Students will work in small groups and apply socially acceptable skills when working together. Focus will be placed on the roles of a student within a group setting when working on group projects. Deciphering non-verbal cues. Role playing and using fun and humorous activities along with planning and organizing social gatherings make this week a must for boys and girls with social skills and organization challenges.