



THE LIGHTHOUSE PROJECT  
Providing Occupational and Speech  
Therapy Services to Children with Unique  
Learning Needs  
**©2008 SUMMER CAMP  
DESCRIPTIONS**

471 Division Street, Campbell, CA 95008  
Tel: (408) 871-8711 Fax: (408) 871-8910  
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(CAMP 1)

**BECOMING A DETECTIVE RECRUIT**

**June 23-27:**

**M-TH:** 9:00a-3:00p, **F:** 9-11:30a  
(1<sup>st</sup> & 2<sup>nd</sup> grade) **\$1050**

**Focus: Non-verbal communication, problem solving, social interaction.** Problem solving, sequencing, visual memory, teamwork, frustration tolerance, directionality, and social interactions are more fun to work on when there's a covert operation to complete and investigations and interrogations to be made. Travel around as part of a team of detectives developing friendships. The job of a Detective Recruit is treacherous yet fun; we have to make guesses, plan our movements, anticipate consequences and infer information from the environment using all of our senses; sight, smell, sound, taste and touch, including the ability to move in purposeful ways. *Campers will develop sensory, social and motor skills reading nonverbal signs and using appropriate communication skills and taking others perspective.*

(CAMP 2)

**© CSI INVESTIGATORS**

**June 23-27:**

**M-TH:** 9:00a-3:00p, **F:** 9:00-11:30a  
(3<sup>rd</sup>, 4<sup>th</sup> & 5<sup>th</sup> grade) **\$1050**

**Focus: Non-verbal communication and social skills development.** Can you solve problems by recognizing clues? They may be non-verbal expressions, or just a wink of an eye or a squinting of a face. Would you know what the other investigators are saying without hearing them talk? How about listening to a tone of voice and understand the true meaning. Can you guess if it is a sarcastic remark or an honest friendship gesture? Do you know when to join a group or when to quit? These and many other skills are going to be taught while preparing you as a CSI Investigator. You will learn how to notice your peers' body language

as well as what they may be thinking and what your body language may communicate to them without verbal input. If you are up to the challenge and want to be a step ahead at finding out what others are thinking, this camp is for you.

(CAMP 3)

**© PLANET ACE**

**June 30<sup>th</sup> - July 3<sup>rd</sup>**

**M-TH:** 9:00a-3:00p  
(1<sup>st</sup> & 2<sup>nd</sup> grade) **\$950**

**Focus: Anger management, self control, frustration tolerance and voice control.** The awards of having friends and being accepted on the Planet of ACE await those who demonstrate perseverance and patience to achieve their goals. Travelers use appropriate strategies to work with peers through cooperative sensory and physical activities mastering the art of *The Incredible 5-Point Scale*. They learn to grade their temperaments by developing coping skills, frustration tolerance, managing their anger, and use fun strategies to level tone of voice and anxiety. After traveling between the 5 Planets of Moods, they settle on Planet ACE. They replace the 4 angry dragons with the defense force of friendship shielding themselves from unpredictable Black Holes.

(CAMP 4)

**© CONQUERING THE 5 SPIRITS OF  
COMET X**

**June 30<sup>th</sup> - July 3<sup>rd</sup>**

**M-TH:** 9:00a-3:00p  
(3<sup>rd</sup>, 4<sup>th</sup>, 5<sup>th</sup> grade) **\$1050**

**Focus: Anger management, self control, frustration tolerance and voice control.** The awards of having friends and being part of the team are the orders of the Comet X. Self – control, perseverance, and demonstrating prospect taking are the virtues of the Samurai

on this Comet. The Samurai use appropriate strategies to work with peers through cooperative sensory and physical activities mastering the art of *The Incredible 5-Point Scale*. They learn to grade their temperaments by developing coping skills, frustration tolerance, manage their anger and use fun strategies to adjust tone of voice and anxiety. While traveling between the 5 Spirits of the Comet X, they encounter dangers and temptations. They conquer the Comet X by slaying 4 angry dragons and then settle down using the shields of Samurai Spirits.

(CAMP 5)

**© BRAVE SOULS**

**July 7-11:** 9:00-11:30 am

(Pre-K, K, & 1<sup>st</sup> grade) **\$700**

**Focus: Self-confidence, self-reliance and conflict resolution.** The Brave Souls will learn about their potential strengths and recognizing a friend vs. a bully. In this physical and sensory-based camp, campers will participate in activities where they will learn to make wise choices while using their strengths to conquer their anxiety, and fears. They will also learn about important character values including self-confidence, following directions, handling frustration and social conflict in a positive manner. Campers will be able to apply these skills in team and individual physical challenges, all while learning to embrace their gifts. *Water based activities and "The listening program" are used during this camp.*

(CAMP 6)

**© BRAVE SOULS -  
(FRIENDS OR BULLIES)**

**July 7-11**

**M-TH: 9:00a-3:00p, F: 9:00-11:30a**  
(1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> grade) **\$1050**

**Focus: Learn to play with peers and maintain friendship using appropriate tools of conflict resolution.** This camp supports children as they learn how to succeed in a self-created bully-free environment using nationally recognized and field-tested *Bully-Free curriculum*. The brave soul campers will be able to “stand tall” gaining strength through sensory motor activities and making wise choices to recognize bullies. By developing self-confidence and self reliance, they will forge and maintain friendships with true friends, including sharing, learning about personal space, facial expressions, and joining groups, among other nonverbal social rules necessary for maintaining a successful friendships.

(CAMP 7)

**© SUPERHEROES!**

**July 14-18:**

**M-TH: 9:00a-3:00p, F: 9-11:30a**  
(K, 1<sup>st</sup> & 2<sup>nd</sup> Grade) **\$1050**

**Focus: Great for children with hyperactive tendencies and children with Attention deficits.** As a hero you will learn calming techniques using sensory integration activities. Learn how to stretch your body, move energy with your mind, put up a force field against bullies and pull toward your new friends. We'll explore the social values present in teamwork through undertaking heroic acts and learning how to compete as good sports. Campers will learn the essential skills of friendship such as sharing and caring, as well as the experience of understanding their own special gifts! The highly acclaimed program, *Interactive Metronome*, will be incorporated

into this camp, along with other high-tech equipment like **Wii**, to work on improving campers' motor planning and coordination.

(CAMP 8)

**© SUPERHEROES!**

**July 14-18:**

**M-TH: 9:00a-3:00p, F: 9-11:30a**  
(3<sup>rd</sup>, 4<sup>th</sup> & 5<sup>th</sup> grade) **\$1050**

**Focus: Great for children with hyperactive tendencies and children with Attention deficits.** The heroes will learn calming techniques using sensory integration activities. Learn how to stretch your body, move energy with your mind, put up a force field against bullies and pull toward your new friends. We'll explore the social values present in teamwork through undertaking heroic acts and learning how to compete as good sports. Campers will learn the essential skills of friendship such as sharing and caring, as well as the experience of understanding their own special gifts! The highly acclaimed program, *Interactive Metronome*, will be incorporated into this camp, along with other high-tech equipment like **Wii**, to work on improving campers' motor planning and coordination.

(CAMP 9)

**© SCIENCE BRAINIACKS**

**July 21-25**

**M-TH: 9:00a-3:00p, F: 9:00-11:30a**  
(3<sup>rd</sup>, 4<sup>th</sup> & 5<sup>th</sup> grade) **\$1050**

**Focus: Collaboration with friends while learning in group activities and writing a report. This camp is a must for the students who are having trouble with group projects.** Enter the world of science where campers will discover the secrets behind the environment and concepts like motion and peripheral vision. By conducting exciting experiments

campers will learn to cooperate in a group, demonstrate appropriate frustration tolerance, make observations about their surroundings and focus on details. Campers will also learn to identify and describe the steps involved in completing a science experiment and writing a science report. They also will learn to identify their rolls within a group

(CAMP 10)

**© SURVIVAL OF MIDDLE SCHOOL/  
HIGH SCHOOL SOCIAL CHAOS**

**July 28 - Aug 1<sup>st</sup>**

**M-TH: 9:00a-3:00p, F: 9:00-11:30a**  
Middle School boys & girls  
**\$1050**

**Focus: Social skills at school, dos and don'ts.**

Social norms change as young boys and girls move on from elementary to middle school. Learning the difference between expected and unexpected behaviors becomes a must. Silly behavior does not earn credit amongst peers at the middle school level, therefore learning strategies to fit in a group or acquire a friend or two is a necessity of survival. The campers will learn skills of cooperation, recognition of abstract social concepts, and learn about comfort zones, personal strengths, building relationships, fitting in and deciphering non-verbal cues. Role playing, using fun and humorous activities along with planning and organizing social gatherings, make this camp a must for boys and girls with social skills challenges.

(CAMPS 11 & 12)

**© PIRATES**

**Aug 4-8: 9-11:30am**  
(Pre-K & K) **\$700**

**Aug 4-8: M-TH: 9:00-3:00 pm, F: 9-11:30a**  
(1<sup>st</sup> & 2<sup>nd</sup> grade) **\$1050**

**Focus: Become good sports, respect your friends but stand up for yourself.** Aye Mate!! This adventurous theme-based camp provides a sensorimotor approach as campers find buried treasures, fish for food, battle for honor and create a team sail! All pirates must abide by the code of conduct to survive on the ship with their mates! Come join us as we not only apply the rules of friendship, but learn the skills of teamwork, including cooperation, collaboration and taking on certain roles within a group (fair fighting, knowing when to start/stop rough house play) all in order to survive the stormy weather of social challenges. Yo ho ho!

(CAMP 13)

**© ORGANIZATION CAMP**

**Aug 11-13: 9:00 am-3:00 pm with lunch**  
Middle School & High School, Boys & Girls  
**\$850**

**Have you heard these before? “Dad, Mom I can't find my....” or “My project is due tomorrow....” and it is already 10 pm.** Being organized is being efficient. The campers will learn about “rhythm in life”. Working on organizing materials using visual cues students will learn to arrange their rooms and backpacks (remove clutter) and organize their thoughts when writing. We will also focus on *restructuring self* using the *Alert Program* and learning about morning and evening routines. Campers will work in a small group and apply socially acceptable skills. Some focus will be placed on the roles of a student within a group setting when working on projects.

(CAMP 14)

© **HWT I: Handwriting With an Attitude**

**Printing and Cursive**

**Mon & Wed: June 30-July 30**

3:15 - 4:10 pm (K, 1<sup>st</sup>, 2<sup>nd</sup> grade)

4:15 - 5:10 pm (3<sup>rd</sup>, 4<sup>th</sup>, 5<sup>th</sup> grade)

**10 sessions = \$800**

This program addresses sensory processing skills by building foundational skills for handwriting that includes shoulder and arm strength, upper extremity endurance, hand skills, visual memory and attention as well as letter formation and pencil use. Using the highly successful *Handwriting Without Tears Program*, children move from hating handwriting to new levels of confidence and competence.



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